

Extended Field Trip Request Form

Request should be submitted to principal thirty days (30) in advance of trip. Extended field trips require Superintendent's and/or Board of Education approval if trip is over 100 miles or overnight.

Teacher's Name Jim Cerra Date of Request 6/6/22

I am requesting permission to take 4 HS Students
of students, grade level, department

on a field trip to NYS PHSAA Track Meet CNS High School
destination and location

Track Championships on 6/9/22 6/10/22
event day/date day/date

Departure from/Time/Date 6/9/22 after school Return Location/Time/Date Sat Night

Transportation Requested: School Bus(es) needed 0 Charter Bus(es) needed 0 Cost: \$ 0

Funding Source for charter bus _____

Admission Charge per Student \$ _____ Total _____ Funding Source _____

Additional Costs \$ _____ (Please explain) _____

Total District Costs of Entire Trip \$ Hotel / Food Allowance 1352 + 120

Advance check needed yes (Attach written request) no

Instructional Objectives of Trip/Curriculum Connections: _____

Required Attachments:

- Transportation Request Form
- Itinerary/Supervision Form
- Manifest/Roster Form

If applicable:

- Advance check request with amount, full vendor name and address and purpose of check.

| | | |
|---|----------|-------------|
| Principal _____ | Approved | Disapproved |
| Date _____ | | |
| Director of P.E. & Athletics (as applicable) <u>[Signature]</u> | Approved | Disapproved |
| Date <u>6/8/22</u> | ✓ | |
| DEPUTY Assistant Superintendent <u>[Signature]</u> | Approved | Disapproved |
| Date <u>6/15/22</u> | | |
| Superintendent _____ | Approved | Disapproved |
| Date _____ | | |
| Board of Education _____ | Approved | Disapproved |
| Comments: _____ | | |

Itinerary for State Track Meet

June 9,10,11, 2022

Thursday June 9:

Students arrive regular time to school and attend classes until 11:40
Luggage can be stored in AD office.
Students dismissed at the end of 5th period
Students leave at 12:00 from the stadium in route to Hotel.
Stop Cortland exit for a quick lunch.
Arrive at the hotel, check in, approximately 2:00
Leave hotel at 3:00 to track for a quick workout and walkthrough.
Return to hotel approximately 5:30
Dinner location and time TBD.
Dinner on Coach Cerra
Lights out 11:00

Friday June 10:

Wake up call 8:00 and breakfast at hotel
Relax and leave for track approximately 9:45.
Day 1 track event list enclosed, events highlighted
Lunch: on your own at stadium.
Leave for hotel after events and dinner TBD
Lights out 11:00

Saturday June 12:

Wake up call 8:00 and breakfast at hotel
Leave for track around 9:00
Day 2 track event list enclosed and highlighted
Lunch: on your own at stadium
Leave for Vestal at the end of the meet.
Arrive in Vestal approximately 7:00

Hotel: Residence Inn Carrier Circle
6420 Yorktown Circle East
Syracuse NY 13057

Phone : 315-423-4488

Coach Jim Cerra Cell 607-727-0170
Coach Joe Nemecek 607-761-0893
Coach Stephen Marcin 908-797-5208

Athletes will receive \$15.00 per day (\$45) in meal money from the district.
Any other money for T-shirts, snacks, drinks..... is on your own.

**NEW YORK STATE PUBLIC HIGH SCHOOL
STATE TRACK & FIELD CHAMPIONSHIPS
CICERO NORTH SYRACUSE HIGH SCHOOL**

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

FRIDAY JUNE 10, 2022

ORDER OF EVENTS

TRACK

FIELD

| | | | | | | | | | |
|-------|--|---|-------|---|---------------------|---------------------|---|-------|-------------|
| | Div I - Large | | | | | 11:00 POLE VAULT | G | CHAMP | F |
| | Div II - Small | | | | | 11:00 DISCUS | B | I | CLASS FINAL |
| | | | | | | 11:30 TRIPLE JUMP | G | I | CLASS FINAL |
| 12:30 | Pent. 100 HH-1 | G | CHAMP | F | <i>lower seeds</i> | TRIPLE JUMP | G | II | CLASS FINAL |
| | Pent. 110 HH-1 | B | CHAMP | F | <i>lower seeds</i> | 12:30 SHOT PUT | G | I | CLASS FINAL |
| | | | | | | 12:30 DISCUS | B | II | CLASS FINAL |
| | | | | | | 2:00 SHOT PUT | G | II | CLASS FINAL |
| | | | | | | 1:00 TRIPLE JUMP | B | I | CLASS FINAL |
| | | | | | | TRIPLE JUMP | B | II | CLASS FINAL |
| | <i>OPENING CEREMONIES INCLUDING SPORTSMANSHIP</i> | | | | | | | | |
| | <i>AWARD WINNERS</i> | | | | | | | | |
| 1:30 | 100H | G | II | T | | | | | |
| | 100H | G | I | T | | | | | |
| 1:45 | 110H | B | II | T | | | | | |
| | 110H | B | I | T | | 1:15 PENT.HIGH JP1 | G | CHAMP | F |
| 2:00 | 100M | G | II | T | | PENT.HIGH JP1 | B | CHAMP | F |
| | 100M | G | I | T | | | | | |
| | 100M | B | II | T | | 3:30 POLE VAULT | B | CHAMP | F |
| | 100M | B | I | T | | | | | |
| 2:25 | Pent. 100 HH-2 | G | CHAMP | F | <i>higher seeds</i> | 2:00 DISCUS | G | I | CLASS FINAL |
| | Pent. 110 HH-2 | B | CHAMP | F | <i>higher seeds</i> | 3:30 DISCUS | G | II | CLASS FINAL |
| 2:50 | 400M | G | II | | CLASS FINAL | 2:30 LONG JUMP | G | I | CLASS FINAL |
| | 400M | G | I | | CLASS FINAL | LONG JUMP | G | II | CLASS FINAL |
| | 400M | B | II | | CLASS FINAL | | | | |
| | 400M | B | I | | CLASS FINAL | 3:00 SHOT PUT | B | I | CLASS FINAL |
| 3:25 | 800M | G | CHAMP | F | | 4:30 SHOT PUT | B | II | CLASS FINAL |
| | 800M | B | CHAMP | F | | | | | |
| 3:55 | 200M | G | II | T | | 3:15 PENT.SHOT-1 | G | CHAMP | F |
| | 200M | G | I | T | | 3:45 PENT.SHOT-1 | B | CHAMP | F |
| | 200M | B | II | T | | 3:00 PENT.HIGH JP-2 | G | CHAMP | F |
| | 200M | B | I | T | | 3:15 PENT.HIGH JP-2 | B | CHAMP | F |
| 4:25 | 400 INTER H | G | II | | CLASS FINAL | | | | |
| | 400 INTER H | G | I | | CLASS FINAL | 4:00 LONG JUMP | B | I | CLASS FINAL |
| | 400 INTER H | B | II | | CLASS FINAL | LONG JUMP | B | II | CLASS FINAL |
| | 400 INTER H | B | I | | CLASS FINAL | | | | |
| 5:00 | 4X100 RELAY | G | II | | CLASS FINAL | 5:00 PENT.SHOT-2 | G | CHAMP | F |
| | 4X100 RELAY | G | I | | CLASS FINAL | 5:30 PENT.SHOT-2 | B | CHAMP | F |
| | 4X100 RELAY | B | II | | CLASS FINAL | | | | |
| | 4X100 RELAY | B | I | | CLASS FINAL | | | | |
| 5:35 | 4X400 RELAY | G | II | | CLASS FINAL | | | | |
| | 4X400 RELAY | G | I | | CLASS FINAL | | | | |
| | 4X400 RELAY | B | II | | CLASS FINAL | | | | |
| | 4X400 RELAY | B | I | | CLASS FINAL | | | | |
| 6:30 | 3000M | G | CHAMP | F | | | | | |
| | 3200M | B | CHAMP | F | | | | | |

**NEW YORK STATE PUBLIC HIGH SCHOOL
STATE TRACK & FIELD CHAMPIONSHIPS
CICERO NORTH SYRACUSE HIGH SCHOOL**

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

SATURDAY JUNE 11, 2022

ORDER OF EVENTS

TRACK

FIELD

| | | | | |
|-------|---------------|---|-------|-------------|
| 10:00 | 2000M STEEPLE | G | CHAMP | F |
| | 3000M STEEPLE | B | CHAMP | F |
| 10:50 | 100M | G | II | CLASS FINAL |
| | 100M | G | I | CLASS FINAL |
| | 100M | B | II | CLASS FINAL |
| | 100M | B | I | CLASS FINAL |
| 11:10 | 1500M | G | CHAMP | F |
| | 1600M | B | CHAMP | F |
| 11:40 | 100H | G | II | CLASS FINAL |
| | 100H | G | I | CLASS FINAL |
| | 110H | B | II | CLASS FINAL |
| | 110H | B | I | CLASS FINAL |
| 12:00 | 200M | G | II | CLASS FINAL |
| | 200M | G | I | CLASS FINAL |
| | 200M | B | II | CLASS FINAL |
| | 200M | B | I | CLASS FINAL |

| | | | | |
|-------|-----------|---|-------|---|
| 10:00 | HIGH JUMP | G | CHAMP | F |
| 10:30 | HIGH JUMP | B | CHAMP | F |

| | | | | |
|-------|----------------|---|-------|---|
| 10:00 | PENT.LONG JP-1 | G | CHAMP | F |
| | PENT.LONG JP-2 | G | CHAMP | F |

| | | | | |
|-------|------------------|---|-------|---|
| 11:00 | PENT.LONG JP-1 | B | CHAMP | F |
| | PENT. LONG JP-2B | | CHAMP | F |

| | | | | |
|-------|--------|---|-------|---|
| 10:00 | DISCUS | G | CHAMP | F |
| 11:30 | DISCUS | B | CHAMP | F |

BREAK 12:10 - 12:25

| | | | | |
|-------|-------------|---|-------|---|
| 12:25 | 100HH | G | CHAMP | F |
| | 110H | B | CHAMP | F |
| 12:40 | 100M | G | CHAMP | F |
| | 100M | B | CHAMP | F |
| 1:00 | 400M | G | CHAMP | F |
| | 400M | B | CHAMP | F |
| 1:15 | 400 INTER H | G | CHAMP | F |
| | 400 INTER H | B | CHAMP | F |
| 1:25 | 200M | G | CHAMP | F |
| | 200M | B | CHAMP | F |
| 1:35 | 4X800 RELAY | G | CHAMP | F |
| | 4X800 RELAY | B | CHAMP | F |
| 2:20 | 4X100 RELAY | G | CHAMP | F |
| | 4X100 RELAY | B | CHAMP | F |
| 2:40 | 4X400 RELAY | G | CHAMP | F |
| | 4X400 RELAY | B | CHAMP | F |

| | | | | |
|-------|-----------|---|-------|---|
| 12:00 | SHOT PUT | G | CHAMP | F |
| 12:00 | LONG JUMP | G | CHAMP | F |
| 12:00 | LONG JUMP | B | CHAMP | F |

| | | | | |
|------|-------------|---|-------|---|
| 1:30 | SHOT PUT | B | CHAMP | F |
| 1:30 | TRIPLE JUMP | G | CHAMP | F |
| 1:30 | TRIPLE JUMP | B | CHAMP | F |

THE COMBINED EVENTS WILL FIT INTO THE TIME SCHEDULE WHEN THEY ARE READY TO GO

| | | | | |
|----|-----------------|---|-------|---|
| ** | PENT. 800 (ALL) | G | CHAMP | F |
| ** | PENT 1500 (ALL) | B | CHAMP | F |

ACCEPTED 12/3/19